

## NCPT 2026-2029 Board of Editors

### **Samantha Hutson, PhD, RDN, LDN**

#### **Editor-in-Chief**

*Associate Professor and Dietetics Graduate Program Director, Tennessee Tech University*

Hutson has worked at TN Tech University since 2013, moving into the Graduate Program Director position in 2019. Prior to that, she worked in long-term care and with individuals with intellectual disabilities to provide medical nutrition therapy and nutrition education. Her research is focused on community nutrition and access to social assistance services in rural areas, resulting in a variety of publications, oral presentations, and poster presentations. She is currently serving as the Editor-in-Chief of the Academy of Nutrition and Dietetics' Nutrition Terminology Reference Manual (eNCPT): Dietetics Language for Nutrition Care. Hutson received a Bachelor of Science degree in Human Ecology with a concentration in Nutrition and Dietetics from Tennessee Tech University, a Master of Science degree from East Tennessee State University, and a PhD in Exceptional Learning from Tennessee Tech University.

### **Ann Marie Barilla, MHSc, RDN, LDN, CDCES, BC-ADM**

#### **Implementation Section**

*Outpatient Clinical Nutrition Manager, Lehigh Valley Health Network*

Barilla has been an RDN for 25 years, with 23 of those years working in the outpatient setting, primarily in the care of patients with diabetes. Having the CDCES and BC-ADM credentials, she participates in all aspects of diabetes care and education at Lehigh Valley Health Network, including nutrition, medication, and diabetes technology education. She currently is the Outpatient CNM for the Network, overseeing up to 20 outpatient RDNs. Barilla is currently pursuing the DCN credential, with anticipated graduation in August 2027. She currently serves on the advocacy committee for the Diabetes DPG and also for ADCES. Barilla believes that the use of the NCP in RDN practice is critical in providing excellent nutrition care, resulting in career advancement for RDNs, optimal reimbursement opportunities, and the acknowledgement of the RDN as the expert in the science of nutrition.

### **Ashlee Carnahan, MS, RD, CLC, CPT**

#### **Education Section**

*Registered Dietitian for the Center of Health Promotion and Disease Prevention, Henry Ford Health*

Carnahan is a highly accomplished Registered Dietitian and clinical leader with Henry Ford Health's Center for Health Promotion and Disease Prevention. With more than a decade of experience in a Level I trauma teaching hospital, she is recognized for her expertise in the Nutrition Care Process, malnutrition identification, enteral nutrition support, and advancing evidence-based, patient-centered care. Her work has strengthened clinical quality, improved outcomes, and supported system-wide initiatives. She previously served as Dietetic Internship Director for an ACEND-accredited program, leading accreditation preparation, curriculum development, and preceptor training. Carnahan has been honored as Outstanding Dietitian of the Year by the Michigan Academy of Nutrition and Dietetics and received the Service Excellence Award from Walled Lake Schools. She also serves as Public Policy Director-Elect for the Michigan Academy. In addition, she contributes to media outreach and public education, translating complex nutrition science into accessible, practical guidance for diverse audiences.

**Casey Colin, DCN, RDN, LDN, FAND**

[Education Section](#)

*Assistant Professor and Director, Nutrition and Dietetics Undergraduate Programs, University of North Florida.*

Colin spent 12 years as a clinical dietitian before changing careers to academia. Since then, she has focused on research measuring the impact of nutrition care on outcomes, which involves registry studies, nutrition informatics, and innovative pedagogical strategies infused with the Nutrition Care Process. Among her publications, she has recently co-authored five peer-reviewed journal articles related specifically to the Nutrition Care Process and Terminology. Colin serves as a member of the ANDHII Subcommittee of the Academy's Council on Research and is also a member of the Academy's Council on Future Practice. She received her Bachelor of Science and Master of Science degrees in dietetics from South Dakota State University, and her Doctor of Clinical Nutrition degree from the University of North Florida.

**Saralyn F. Foster, PhD, RDN, LD**

[Practice Section](#)

*Postdoctoral Fellow, University of Texas at San Antonio*

Foster is passionate about maternal and child nutrition and health. Her research involves clinical and community partnerships to optimize outcomes for women and children. Foster worked for 13 years as a dietitian in clinical, food service and community positions, and as an adjunct faculty. Foster received a BS in Nutritional Sciences from Texas A&M University, College Station, an MS in Health and Kinesiology from the University of Texas at San Antonio and a PhD in Nutritional Sciences from the University of Texas at Austin. She is currently a postdoc in the Bridge to Faculty program at the University of Texas at San Antonio.

**Swarna Koneru, MS, RD**

[Practice Section](#)

*Clinical Dietitian, Kaiser Permanente*

Koneru is a registered dietitian at Kaiser with over 15 years of clinical experience as an inpatient dietitian. She specializes in nutrition support with a focus on critically ill cardiac patients. She focused on treating malnutrition in hospitalized adults and conducted a malnutrition pilot project that led to capturing malnourished patients early in their hospital stay. She is experienced with the nutrition care process, volunteered at the Academy's data science center, and contributed to a pilot study that standardized NCP terminology. She received her Master of Science in Nutritional Science from the University of San Jose.

**Shih-Ching Lo, MS, RD, PhD(c)**

[Practice Section](#)

*Senior Clinical Dietitian and Adjunct Lecturer, Chung Shan University Hospital*

Lo is a Registered Dietitian with a Master of Science in Food and Applied Biotechnology, currently serving as a Senior Clinical Dietitian at Chung Shan Medical University Hospital. With nearly 18 years of experience, she holds Taiwan-certified credentials as an ICU Dietitian, Renal Dietitian, Diabetes Educator, and OSCE Examiner. Alongside clinical work, Lo is a Certified Lecturer by the Ministry of Education in Taiwan and an Adjunct Lecturer at Chung Shan Medical University. Teaching clinical nutrition and the Nutrition Care Process allows her to bridge the gap between academic theory and real-world charting. Her academic journey continues as a Ph.D. candidate in Medicine, where she further integrates evidence-based medicine into dietetic practice.

**Ashley Ratliff, MS, RD, LD**[Implementation Section](#)*Program Manager, Cleveland Clinic*

Ratliff has worked at the Cleveland Clinic for the past 13 years originally with the nutrition support team prescribing TPN daily to inpatients. She transitioned to my current position of IT program manager 7 years ago. This has introduced her into data management, EHR management and data visualization. She has held board positions with the Nutrition Informatics DPG and has been a member of the Interoperability and Standards Committee for the past 3 years and supporting FHIR initiatives related to nutrition.

**Dana M. Scheunemann, PhD, MS, RD, CD**[Education Section](#)*Assistant Professor Integrated Master of Science in Nutrition and Dietetics and Master of Science- Dietetics at Mount Mary University.*

Scheunemann currently serves on the Nutrition Care Manual Board of Editors, The Journal of Dietetic Education Board of Editors, and the Evidence Analysis Library: Dietary Approaches and Health Outcomes workgroup expert panel- patient advocate. Last year she received Outstanding Dietetics Educator- US North Central Region award from NDEP. She teaches Medical Nutrition Therapy 1 & 2, Nutrition Research, and Nutrition for Fitness and Sports at Mount Mary University. In addition, she teaches Introduction to Food/Nutrition Science at Colorado Christian University and is a Diabetes Prevention Program Lifestyle Coach for the Kettle Moraine YMCA. Scheunemann received her Bachelor of Science in Dietetics and Master of Science in Nutritional Sciences from UW Steven Point. She received her Doctorate in Public Health- Epidemiology emphasis from Walden University.

**Chunyun Xiao, MCN, MS, RD-AP, LD, CNSC, CMI, FAND**[Implementation Section](#)*Senior Dietitian, Baylor Scott and White Institute of Rehabilitation*

Xiao focuses on delivering comprehensive nutrition care to acute rehabilitation patients with neurological and musculoskeletal conditions such as spinal cord injury and dysphagia, and to cultural communities of Cantonese and Mandarin Chinese speaking. She has trained and worked in applied clinical research for ten years. She is a Board of Editor for Nutrition Care Manual and serves on national committees for both the Academy of Nutrition and Dietetics and American Society for Parenteral and Enteral Nutrition. Xiao received a BS from University of Florida in food science and human nutrition, a MS from Stony Brook University in biomedical sciences, and a MCN from University of Texas Southwest Medical Center in clinical nutrition.

**Academy of Nutrition and Dietetics Staff****Andrea Anderson, RDN, CD***Director, Online Clinical Content*

Anderson is the Director of Online Clinical Content at the Academy of Nutrition and Dietetics, where she leads clinical content strategy by blending nutrition expertise with digital product innovation. Before joining the Academy in 2017, she spent more than a decade as a Registered Dietitian Nutritionist and Certified Diabetes Care and Education Specialist, delivering patient-centered care in hospital settings across Chicago and Milwaukee. Anderson earned a Bachelor of Science in Dietetics from the University of Wisconsin and completed her dietetic internship at Loyola University Chicago.

**Amanda Gordon, MS, RDN, LDN, IBCLC**

*NCP Manager, Online Clinical Content*

Gordon joined the Academy of Nutrition and Dietetics in March of 2022 as the Manager of the Nutrition Care Process. She manages the Nutrition Care Process Terminology (NCPT) website content and translation work. Prior to working at the Academy, she spent 15 years working as a pediatric dietitian. Gordon received a bachelor's degree from Tulane University and a master's degree in nutrition sciences from Arizona State University.

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